Recognising Personal Strengths to develop **Professional Skills**

By use of self-assessment, self-reflection and report review, this course will provide teachers with an overview of skills to become aware of aspects of personal strengths and behaviours and positive environments to implement into their teaching and so classroom.

NESA REGISTERED PROFESSIONAL DEVELOPMENT

Turning Point Consulting Completing this course will contribute 5 + hours of NESA Registered PD addressing 1.2.2, 3.5.2, 4.1.2 and 6.3.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW. At the completion of the workshop attendees will better understand their personal

strengths, have developed strengths-based knowledge to support in teaching, have begun to evaluate their use of strengths within teaching aligned to positive interactions, supporting student engagement and personal goals.

Sessions can be booked for either individual or group sessions.

- 1. Personal Online Assessment (completed prior to course date)
 - This online questionnaire will assess your natural occurring thoughts, feelings and behaviours from a possible 34 themes
 - A personalized report will identify your top 5 strengths

2. Strengths-Based Education

- Discovering the purpose and role of strengths
- Enhancing engagement through strength utilisation
- Understanding the four overarching domains

3. Implementation Techniques & Tips

- Discussing potential applications of strengths through role plays
- Benefits of strength frameworks for the school community
- 4. Individual Reflection & Consultation (following course or mutually convenient time)
 - Unpacking your strengths report
 - Translating strengths into key action oriented goals



Thanks to the skills, patience and perseverance of Kathryn Taylor, we now have a better understanding of the dynamics in our team. We all benefited from completing the program that was specifically developed for our needs. We are still talking about just how much we gained from the experience both personally and professionally. It had a big impact and changed the way we interact in a very positive manner.

Lyn Pearce, Principal, Glenorie Public School



Attendees: K-12 Educators, Highly Accomplished Teachers, Executives, Principals and School Directors Please refer to the website or contact us for an updated list of dates, locations and session times Cost: \$250 plus GST for individual sessions, contact us for group charges (Including refreshments)

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