

Finding your Motivation: Youth Motivational Mapping

Youth Motivational Maps offers students, schools and parents an opportunity to understand themselves at a deeper level, recognising what energises and demotivates them to create a purposeful plan to maximise their lives. Supporting careers, wellbeing and relationships, we are excited to utilise this motivational tool. Developed by a UK educational leader, with students in Australia and New Zealand, the resulting impact of this tool in schools for staff and student engagement is dramatic, supporting schools in managing engagement in students with those who are thriving or in transition.



Run as individual coaching session or with whole year groups, Youth Motivational Mapping creates:

- A common language
- Deeper self-awareness
- Clear and direct actions
- Positive engagement tools
- Understanding of student groups/class dynamics

The process includes:

1. Online assessment survey
2. Individual and/or team debrief to unpack results
3. Activities for understanding and application
4. Action planning for improved motivation

As a result of our program, **students, schools and parents** will be able to:

- Maximise student **engagement**
- Truly individualise **learning plans**
- Understand the underlying **cause of challenges** within student populations
- Engage students through **purposeful conversation**
- **Identify** potentially demotivating situations
- **Harness** students' natural gifts and talents
- Provide busy staff with **accurate insight** into individual students



"As school leaders what we seek to do, "is to create the conditions in which a person feels disposed to be intrinsically motivated. And that is possible. But first you need to know what motivates a teacher or a child, because we are not all motivated by the same aspirations or activities. This, surely, is one of the most important tasks for a teacher – to help her students identify what motivates them, deep down. It has taken me many years to realise that achieving what you want is almost always possible; it's knowing what you want that's the hard part."

Andrew Hammond. *The Invisible Ink Series*- Book 3. 2016. John Catt Publishers.

Attendees: Year 5 to 12 students, tertiary students, graduate applications, youth
Contact us regarding upcoming Coaching Accreditation Sessions



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